

Tyler Beach, MSW, LCSW  
Licensed Clinical Social Worker  
Adult Psychotherapist

Main Office: 1829 E. Franklin Street, Suite 1200-A  
Chapel Hill, North Carolina 27514  
Phone (919) 428-8901  
[tylerbeachlcsw@gmail.com](mailto:tylerbeachlcsw@gmail.com)

**Client Disclosure Statement:**  
General Information and Consent

Welcome to my psychotherapy practice and I look forward to our work together. Pursuing psychotherapy is a significant decision and finding a compatible therapist can be a challenge. My hope is that you will feel comfortable and safe in your work with me. Please read the following information carefully, as it will help you establish an understanding of my practice policies and information. Before you start psychotherapy, there are some things important for you to know.

**About the Psychotherapy Practice:**

Psychotherapy has the potential of resulting in both pleasant and unpleasant emotions. Unpleasant emotions might include various levels of distress, including sadness, guilt, anxiety, and anger, among others. The benefits of therapy in general have been clearly demonstrated. Often therapy leads to a significant reduction in distress, improvements in relationships, resolution of specific problems, personal growth and development, and greater self-knowledge. In any individual case (including yours), however, the benefits of therapy cannot be guaranteed. Additionally, the time required for treatment outcomes cannot be pre-determined.

I specialize in general adult issues. If I believe that your problems require knowledge that I do not have, I may refer you for a consultation with another mental health professional with specific training or experience. I will discuss any such referral with you in advance. At the beginning of your treatment, I will create a treatment plan for you based on what you tell me. It will detail what you would like to change, measures you can take to change it, and how you will know you are succeeding. Every now and again, I will review that plan to see if it needs updating.

**Confidentiality:**

Of course, all of our work together – our conversations, your records, and any information you give to me – is protected by something called *privilege*. That means that the law protects you from having information about you given to anyone without your awareness and permission. I respect your privacy, and intend to honor your *privilege*. However, there are some limits and exceptions to your legal *privilege* you should know before we start psychotherapy.

If I believe there is a risk that you might harm yourself and/or someone else, I am required to contact the authorities or the other person to give them the opportunity to protect you or the other person. If you are abusing children or elderly people, I am required by law to notify the authorities so they can protect others from harm. Also, if you become involved in any lawsuit in which your mental health is an issue – for example, a child custody dispute or an injury lawsuit in which you claim compensation for emotional pain and suffering – then the court our lawyers may insist upon, and may obtain information from me. Similarly, you would lose the protection of your *privilege* if you file a complaint against my office with the state licensing board.

Tyler Beach, MSW, LCSW  
Licensed Clinical Social Worker  
Adult Psychotherapist

Main Office: 1829 E. Franklin Street, Suite 1200-A  
Chapel Hill, North Carolina 27514  
Phone (919) 428-8901  
[tylerbeachlcsw@gmail.com](mailto:tylerbeachlcsw@gmail.com)

The financial part of our relationship also imposes some confidentiality limits. If you are using insurance or another third party payer, our office must share certain information with them, including (but not necessarily limited to) your diagnosis and the times of your visits. If there is a managed care company involved, they may require me to provide additional information, such as your symptoms and your progress. You should also understand that insurance and managed care information is often stored in national computer databases. If I find myself in dispute with you over billing, I may provide a collections agency with information necessary to collect any outstanding balance.

Telephone, Email & On-Call Policies:

My office telephone is answered 24-hours a day by a voice mail service. **My workweek is Monday through Thursday.** Throughout my workweek, I check messages regularly, and whenever possible I try to return phone calls the same day. If I have not returned your call within 24 hours, please try again as your message may have been lost. I do not check office messages after 6:30 p.m. on weekdays, or routinely on my weekends (Friday – Sunday). If you have an emergency after 6:30 p.m. Monday - Thursday or at anytime Friday – Sunday, please call 911 or present yourself to your nearest emergency room.

When I am out of the office for more than 3 days at a time, I may enlist the assistance of another psychotherapist in private practice to provide emergency coverage. This person's number will be provided to you prior to my absence and appropriate forms will be provided. To the extent possible, I will keep you informed several weeks ahead of extended periods where I will be away from the office and also inform you of when I will return.

Your Consent:

Your signature below acknowledges having read and understood all the above information. While you are under no obligation to continue the therapeutic process and may terminate treatment at your discretion, your signature below indicates your informed consent to undergo psychotherapy services with Tyler Beach, MSW, LCSW.

Client (printed name) : \_\_\_\_\_

Client (signature): \_\_\_\_\_

Guardian (printed name) : \_\_\_\_\_

Guardian (signature): \_\_\_\_\_

Date: \_\_\_\_\_